

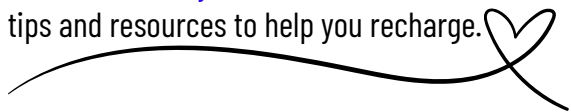
FINISHING STRONG

As we wrap up this academic term, planning for a healthy and strong end to the year is essential. Emory University's Faculty Staff Assistance Program and Healthy Emory are excited to bring you [Holiday Refresh From Stress](#). We want to share these resources, which include weekly tips, quick activities, and stress-relief activities designed to help you stay calm, connected, and energized through the busy holiday season.

To participate, sign in to your Sharecare app or create an account at healthyemory.sharecare.com. Then, select Achieve >Programs >Unwinding by Sharecare >Get Started Now and follow the prompts to personalize your experience.

Below are some of the great resources available to you:

- [Midweek Mindful Meditation Calendar](#): Take a well-deserved break to relax and recharge during this 30-minute session, including guided meditation and an interactive discussion.
- Sign in to your Sharecare app or <https://healthyemory.sharecare.com> for activities to help you stay calm, connected, and energized. Plus, when you update your Sharecare stress tracker for 17 days or complete [an Unwinding mini-course](#), a free mindfulness-based program designed to help you build resilience and stress less over time.
- [FSAP Holiday Refresh From the Stress Calendar](#). It has daily tips and resources to help you recharge.



COURSE EVALUATIONS: It is time for final student course evaluations. Please set aside time for students to complete their final course evaluations for Fall 2024 in Canvas. Evaluations will open on Tuesday, Nov 26 (Dec 02 for EMPH students) and will remain open through Dec 17 (Dec 13 for EMPH students). You may find the resources below helpful to promote higher response rates as well as encourage effective and appropriate student feedback. Rollins TLC: [Student Course Evaluations](#)

SEMESTER AT A GLANCE

Fall 2024

- NOV-DEC: Regular Course Evaluations Opens/Closes
- 12.18:** Fall Grades due at noon for graduating students
- 12.19:** Fall Grades due at noon for non-graduating students

RESOURCES

- [RSPH Student Support Toolkit for Fall 2024](#)
- [FSAP - Events & Workshops](#)

REMINDER

As the semester comes to an end, we want to provide you with a few important reminders about W, WF, I, and IP grades.

Students may receive a grade of WF (*withdrawal fail*) if *75% or more of graded work is past due and the student is failing.*

Confused on when to use I or IP?

- **In Progress (IP) grades** - When a course, seminar, or research activity is intended to last more than one semester. The IP notation is usually only given for ILE and/or APE.
- **Incomplete (I) grades** - When less than 75% of coursework is completed toward a course or a seminar. A [Resolution of Incomplete Form](#) is required prior to posting an Incomplete grade. Grade definitions can be found [here](#).

Students may withdraw until the last day of the class session (Regular Term Deadline: 12.10.24).

HAPPENING IN NOVEMBER

November 2024

- 4: Spring 2025 Pre-Registration Begins for First-Year Students
- 5: Rollins Election Day Initiative —Asynchronous Course Content
- 13: Spring 2025 Pre-Registration Closes for All Students
- 28-29: Thanksgiving Recess